

# Awakening Weekend Retreat with Jac O'Keeffe



Jac's unique way of dialogue and interaction creates an atmosphere of openness & freedom that supports transformation and spiritual insights.



**Venue:** Soluna Yoga Spa  
4154 Herschel St  
Jacksonville, FL 32210

**Date:** Saturday and Sunday, March 9th & 10th , 2019  
**Time:** 10:30am – 4:30pm / pot luck lunch  
Doors open at 10am.

**Cost:** \$195 (Sat/Sun)  
\$ 110 (per day)

To register or for questions, contact: [Soluna Yoga Spa](#)  
(904) 680-7344